

JEAN LANDPHAIR, MMFT  
Masters in Marriage and Family Therapy  
1138 Dow Street  
Murfreesboro, TN 37130  
615-785-5107

Welcome to the practice of Jean Landphair, MMFT. It is my privilege to work with you to reach your goals. The following is some information you will need to know about my policies, procedures and treatment processes. Please read and sign this prior to our first session. I look forward to sharing your journey towards healing and wholeness.

#### Treatment Philosophy

I am trained primarily to address relational issues. Humans were designed to be in relationship, and we can only truly know ourselves in the context of secure connections with others. I use emotionally focused therapy (EFT), because it helps people relate in ways that increase their secure attachment to each other. It also focuses on healing of individual hurts that can get in the way of bonding with the important people in our lives. I see couples and families. I also see individuals – teens and adults – and tend to view their wounded emotions in the context of the important relationships in their lives.

My treatment philosophy is meaningless, however, if the client's heart is not in the process. Treatment is a partnership between clients and their counselors. Clients must desire change and be willing to do the hard emotional work of pursuing treatment goals.

The terms of my lease do not allow me to take registered or known sex offenders as clients. If I inadvertently begin therapy with such client or any other client whose issues are outside the bounds of my training or experience, I will do my best to refer the client to another professional who is better qualified to treat him or her.

Faith-based counseling from a Christian perspective is available if requested.

#### Counselor Qualifications

I have a Masters degree in Marriage and Family Therapy from Trevecca Nazarene University. I have completed advanced training in emotionally focused therapy and am certified as a PREPARE/ENRICH pre-marital counselor. I am President of the Rutherford County Psychotherapy Association and also hold memberships in the Nashville Area Association of Christian Counselors and the International Centre for Excellence for Emotionally Focused Therapy. My marriage and family practice is further enriched by having raised 2 children with my husband of many years.

I have a temporary license from the State of Tennessee to practice marriage and family therapy while I work towards permanent licensure. I am supervised by two Licensed Marriage and Family Therapy Supervisors:

Dr. Susan Lahey, LMFT  
357 Riverside Drive, Suite 205  
Franklin, TN 37064  
615-491-6114

Kenneth Sanderfer, LMFT  
1815 Division Street, Suite 300  
Nashville, TN 37203  
615-500-2849

My consultations with these therapists help to ensure that my clients receive quality care.

#### Confidentiality

Counseling clients have a right to privacy. Information shared in counseling sessions will be held in confidence, with only a few exceptions: 1) I may discuss cases in supervision or consult with other mental health professionals without disclosing identifying information about the client, in order to get advice or guidance; 2) if my client plans to do harm to self or others, I will take whatever steps I can to keep that from happening; 3) if there is child abuse or elder abuse, I am required by law to report that to the proper authorities; and 4) if the client waives this right in writing.

Clients have a right by law to receive a copy of their records upon request. Counselors may provide either a complete copy or a summary, at the counselor's discretion.

As part of my clinical supervision, I may ask to videotape some sessions. These tapes will only be viewed in supervision settings and for quality control or educational purposes. During taping, you may ask to stop the taping at any time. At the end of the taped session, you may ask that the tape not be used. Client's wishes are respected in these situations. Tapes are erased after they have served their purpose.

#### Litigation Limitation

The therapeutic process often involves making a full disclosure with regard to many matters which may be of a confidential nature. Because of that, it is agreed that should there be legal proceedings (such as but not limited to, divorce and custody disputes, injuries, lawsuits, etc), neither you nor your attorney, nor anyone else acting on your behalf will call Jean Landphair to testify in court or at any other proceeding, nor will a disclosure of the counseling records be requested.

#### Consent for Treatment of Children in Family Therapy

Before treating minor children as part of a family, a parent must give consent by signing this form. Before treating children of divorced or separated parents, this form must be signed by *both* parents. Exceptions are if one parent is incarcerated or lives out of the area. Also if there is any court action restricting a parent's contact with the child client, or if contact with a parent could be physically or psychologically damaging to the child client, I would not require consent from that parent before treatment.

#### Benefits and Risks of Counseling

Research shows that a majority of clients who participate in counseling report positive outcomes. However, it is impossible to predict the result, and there is no guarantee of a positive outcome. It must also be recognized that successful treatment often results in significant changes in client's lives and in their relationships with others. And treatment

may open up issues that cause distress for clients. Clients who choose counseling need to be aware of these potential risks and benefits.

Termination of Treatment

When I and the client agree that treatment goals are close to being reached, sessions will be scheduled farther apart for a time to make sure desired changes remain constant. Clients sometimes want to terminate treatment once they get over the initial feelings of distress. However, lasting change often requires continuing to work to resolve the issues that caused the distress. Best results come from termination happening by mutual consent of client and counselor.

Payment Policy

New clients are required to submit to me a non-refundable deposit of \$30.00 before the first appointment is scheduled. This deposit counts towards the fee for the first session and guarantees the client's place on my schedule.

My fee is \$80.00 for a 45- to 50-minute session. I do not file insurance. If this fee is not within your ability to pay, you may qualify for the sliding scale fee, which is based on a client's total household income before taxes or deductions. I also offer a 50% discount to pastors and their immediate family members. Payment is due at the end of each session - by cash, check, or credit card to my PayPal account using the client's smart phone.

If a telephone conversation goes 15 minutes or longer, it is considered a counseling session and is charged at a rate of \$20.00 per 15-minute segment.

A no-show fee equal to one-half the session fee is charged for sessions that are missed or cancelled within 24 hours or less of the scheduled appointment. A fee of \$30.00 is charged in the event of a returned check due to insufficient funds.

Office Hours

I am usually in the office on Tuesdays and Thursdays. You can contact me at 615-785-5107. If I cannot take a call, you may leave a message with the receptionist or on my voicemail. On weekdays, I will check messages and attempt to return calls within 24 hours. I do not provide emergency service. In an emergency, you can call the Crisis Response Team at 1-800-704-2651, or 911 in a life-threatening situation.

Client Consent

I have read and understood the above policies and procedures of Jean Landphair, MMFT, and agree to treatment and to said policies and procedures.

\_\_\_\_\_  
Client Signature (if Minor, Parent or Guardian Signature)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Client Signature (if Minor, Parent or Guardian Signature)

\_\_\_\_\_  
Date